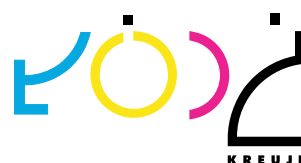




A GUIDE FOR FOREIGNERS

part 2 | study in Lodz



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1

WHAT THINGS TO DO FIRST?

Which formalities are necessary? How to move around the city? Where to live? Where to learn a language? What about insurance?

This guide will answer your questions and help you with your first challenging days in town and at the university. It will tell you how to plan further development over time and how to make your free time more pleasant.

We welcome you to the group of students from Lodz!

Understanding the difficulties that result from moving to a new city, we have prepared a few tips for students in their first days of study and adaptation:

- if your university has electronic registration, register for courses online, because the earlier you start the process, the better your plan will be;
- if your university uses USOS (University Study Service System), activate your access, because there will be important information about studies, grades, schedule, duty roster and others;
- collect your student ID;
- register for a dormitory or find a flat or room;
- register in Łódź;
- buy a Polish telephone number (PLAY, ORANGE, Plus or other operators);
- open an account at a Polish bank;
- arrange compulsory health insurance (you can use the services of ZUS - Social Insurance Institution and NFZ - National Health Fund or a private form).

IMPORTANT NUMBERS

112 - emergency number (universal)

986 - Municipal Guard

991 - Energy Emergency

992 - Gas Emergency

993 - District Heating Emergency

994 - Water Supply Emergency

997 - Police

998 - Fire Department

999 - Ambulance Service



2

SHORT ABOUT UNIVERSITIES

Lodz is a thriving European city and one of the most important academic centres in Poland. There are seven public universities and over a dozen non-public universities in Lodz, so it is not surprising that so many students (currently 70,000 people) choose the local universities. The popularity of Lodz's universities is determined by their attractive offer: a wide range of fields of study, thriving study clubs and student organisations, the possibility to participate in student exchanges (Erasmus), numerous workshops and trainings. Lodz is a city that combines academic knowledge with professional practice, thanks to the unique "Youth in Lodz" program, thanks to internships and apprenticeships.

Apart from studying at public universities, Lodz also offers studies at over a dozen private universities. There you can find a variety of courses that complement the offer of state universities.

A special website for those interested in studying in Lodz: studyinlodz.com.pl

■ **University of Lodz**

is one of the largest universities in Poland, with 12 faculties. In total, about 40,000 people study at the University of Lodz. More than 2.5 thousand people study at over 60 postgraduate studies, and about 350 foreigners study every year at The School of Polish for Foreign Students (the School was established in 1952 and 15,000 people have already obtained a diploma). Over 900 students study at doctoral studies.

Thanks to the introduction of the ECTS system (European Credit Transfer System) in all fields of study and the signing of 161 bilateral agreements under the ERASMUS+ programme, university students can continue their studies in 23 European countries.

It is worth mentioning that the University of Lodz is one of the most frequently chosen universities by students from abroad.

university website: uni.lodz.pl university address: 68 Narutowicza St., 90-136 Lodz
International Relations Office address: 3 Uniwersytecka St. (ground floor), 90-137 Lodz
telephone: 48 42 635 42 37
e-mail: admission@uni.lodz.pl | e-mail: iso@uni.lodz.pl
Recruitment and Study Track
address: 3 Uniwersytecka St., 90-137 Lodz, room 203
phone: 48 42 635 40 86, 48 635 40 83
e-mail: rekrutacja@uni.lodz.pl

■ **Lodz University of Technology**

The Lodz University of Technology is one of the best technical universities in the region. It offers studies at 9 faculties, 3 colleges and the International Faculty of Engineering. We can choose from 42 first-degree and 34 second-degree fields of study. About 15,000 students study at the Lodz University of Technology. The International Faculty of Engineering (IFE) has been operating for 25 years. It is a world-renowned, innovative centre, educating on 17 technical subjects in English and one in French.

Over 400 foreigners are currently studying at the Lodz University of Technology. Students have the opportunity to obtain a double diploma under partnership agreements with universities in France, Germany, China or Ukraine. The Lodz University of Technology is one of the leading universities in the exchange of students under the Erasmus + program and is entitled "Mobility-friendly University". It is also a leader in terms of the number of student trips for long-term foreign holiday internships under the IAESTE program. PhD students of the Lodz University of Technology also participate in bilateral foreign exchange.

university website: p.lodz.pl
university address: 6 Żeromskiego St., 90-924 Lodz,
International Cooperation Centre
address: 36 Żwirki St., 90-924 Lodz
telephone: +48 42 638 38 64
e-mail: foreignstudents@info.p.lodz.pl

Recruitment Department of the Lodz University of Technology

address: 29 Radwańska St., building AB (additional entrance from 22 Stefanowskiego St.)

phone: +48 42 63 129 74, + 48 42 6312092

e-mail: rekrutacja@info.p.lodz.pl

University of Music

It is one of the leading Polish music universities. The headquarters is located in the Karol Poznański Palace. The University of Music in Lodz conducts classes for future musicians, as well as for theorists, critics, music educators, dancers and choreographers.

university website: amuz.lodz.pl/pl university

address: 32 Gdańska St., 90-716 Lodz

Rector's office

Telephone: +48 42 66 216 01

rektorat@amuz.lodz.pl

Recruitment

Telephone: +48 42 66 216 65

e-mail: rekrutacja@amuz.lodz.pl

Medical University of Lodz

Medical University is one of the largest medical universities in Poland. There are 9500 students at the Faculty of Pharmacy, Medicine and Health Sciences, including 840 English-speaking students. The Medical University of Lodz is the only one in Poland that conducts studies of medical officers for the military health service in cooperation with the Ministry of National Defence. The university's clinical facilities include 3 hospitals, 80 clinics, 86 000 patients per year and 1600 doctors. The University educates future doctors and specialists in medical and related fields, conducts scientific research, development works, and provides research services. The Teaching Centre of the Medical University of Lodz houses, unique for the country, research laboratories and a multimedia dental centre. The centre is adapted to provide top-quality teaching.

university website: umed.pl

university address: 4 Kosciuszki Av., 90-419 Lodz

Recruitment and Education Department

address: 1 Hallera Square, 90-647 Lodz

telephone: +48 42 272 51 80, +48 42 272 51 78, +48 42 272 51 77,

+48 42 272 51 76, +48 42 272 51 75

e-mail: rekrutacja@umed.lodz.pl | e-mail: rekrutacja-pomoc@umed.lodz.pl

Centre for Organization and Service of Studies in English

Medical University of Lodz

address: 1 Hallera Square, room 113, 90-647 Lodz

telephone: + 48 42 272 50 57

studymed.umed.pl

■ **Lodz Film School (L. Schiller Film, Television and Theatre State School)**

The Lodz Film School is one of the oldest film academies in the world. The school educates students in the field of film, television, photography and acting. Prepares them for the work of a director, cinematographer, animator, photographer, screenwriter, editor, production manager, actor. The uniqueness of the Lodz Film School is demonstrated by the awards its graduates received: Oscars (3 awards and 19 nominations), Golden Palm (10 awards), Golden Bear (7 awards), Caesar (8 awards), BAFTA (3 awards), Golden Lion (10 awards), Eagle (55 awards), Golden Lions (66 awards). Among the graduates of the Lodz Film School are the most prominent Polish filmmakers.

website: filmschool.lodz.pl
address: 61/63 Targowa St., 90-323 Lodz
telephone: +48 42 27 55 800
e-mail: rektorat@filmschool.lodz.pl
Foreign Students Specialist
Joanna Wesolek
telephone: +48 42 275 58 08
e-mail: jwesolek@filmschool.lodz.pl

■ **Academy of Fine Arts in Lodz**

The Academy of Fine Arts has existed since 1945. At the Faculty of Design Arts and the Faculty of Fine Arts, you can get education in the field of clothing design, fabrics, jewellery, interior design, design, painting, drawing, sculpture, artistic graphics, graphic design and visual information, photography and multimedia, animation and art education. The studies are conducted in Polish.

university website: asp.lodz.pl
university address 121 Wojska Polskiego St., 91-726 Lodz
phone: +48 42 25 474 08
e-mail: kancelaria@asp.lodz.pl
Recruitment department
phone: +48 42 25 475 08
e-mail: rekrutacja@asp.lodz.pl

■ **The Higher Theological Seminary in Lodz**

The university prepares candidates for pastoral service in the parishes of the Archdiocese of Lodz.

university website: wsd.lodz.pl university
address: 14 Stanisława Kostki St. 14.90-457 Lodz
phone: +48 42 664 88 88
e-mail: wsd@wsd.lodz.pl

- **Academy of Humanities and Economics in Lodz**
A private university that has been operating for 26 years and has educated over 82,000 graduates.

university website: ahe.lodz.pl
university address: 26 Sterlinga St., 90-212 Lodz
e-mail: Uczelnia@ahe.lodz.pl

Recruitment:

telephone: +48 42 63 158 00 | +48 42 63 158 01
e-mail: rekrutacja@ahe.lodz.pl
Contact in English and Russian:
general telephone: + 48 42 63 158 40
consultation phone (English): + 48 42 63 158 41
consultation phone (Russian): +48 42 63 158 42

- **University of Social Sciences**

It offers full-time and part-time studies in both Polish and English. Currently, the offer includes first and second degree studies, doctoral seminars, postgraduate MBA studies.

website: lodz.san.edu.pl
address: 9 Sienkiewicza St., 90-113 Lodz
phone: +48 42 664 66 66 e-mail: uczelnia@san.edu.pl

Recruitment Department

address: 9 Sienkiewicza St., 90-113 Lodz
phone: +48 42 664 66 56/57
e-mail: rekrutacja@san.edu.pl

- **University of Computer Sciences and Skills in Lodz**

Focuses on IT courses related to new technologies.

website: wsinf.edu.pl
address: 17-a Rzgowska St., 93-008 Lodz
phone: +48 42 275 0100, +48 42 275 0101

Recruitment:

e-mail: rekrutacja@wsinf.edu.pl
phone: +48 42 275 0159

The Academy of Business and Health Sciences

The academy offers studies in cosmetology, dietetics, pedagogy and psychology. On-line studies are conducted. Theoretical classes are held at a distance - via e-learning platform. The classes include 3 meetings per semester (Friday, Saturday, Sunday).

website: medyk.edu.pl address: 278 Piotrkowska St., 90-361 Lodz phone / fax: +48 42 683 4422 e-mail: Uczelnia@medyk.edu.pl

■ **The Academy of Business and Health Sciences**

The academy offers studies in cosmetology, dietetics, pedagogy and psychology. On-line studies are conducted. Theoretical classes are held at a distance - via e-learning platform. The classes include 3 meetings per semester (Friday, Saturday, Sunday).

website: medyk.edu.pl
address: 278 Piotrkowska St., 90-361 Lodz
phone / fax: +48 42 683 4422
e-mail: Uczelnia@medyk.edu.pl
Recruitment: telephone: +48 42 683 4418
e-mail: rekrutacja@medyk.edu.pl

■ **University of Cosmetics and Health Science in Lodz**

It is a university that prepares students to perform cosmetic, aesthetic, care and therapeutic services. The university puts emphasis on practice in the future profession.

website: Wyzszaszkołakosmetyki.pl
address: 53/55 Wileńska St. 94-016 Lodz
phone: +48 42 687 00 44
e-mail: Uczelnia@wskinfo.pl

■ **University of Social Sciences**

The university educates experienced specialists for individual professional groups. It focuses on continuous improvement.

website: uns.lodz.pl
address: 21 Kamińskiego St., 91-427 Lodz
phone: +48 42 232 74 99
e-mail: rektorat@uns.lodz.pl

■ **University of Economics and Management in Lodz**

The university uses modern education methods. The goal is, above all, the comprehensive development of students.

website: sweiz.pl
address: 86 Narutowicza St., 90-139 Lodz
phone: +48 42 64 230 50
e-mail: rektorat@swseiz.pl

■ **COSINUS University**

A non-public university that specializes in education in the field of administration - in an extramural system, at the level of undergraduate studies. Courses last 3 years.

website: ws.cosinus.pl
address: 81 Wólczańska St., 90-515 Lodz
Phone: +48 42 63 633 66
e-mail: Dziekanat@ws.cosinus.pl

■ **Lodz International Studies Academy**

It is a non-public university which education falls within the international and political scope.

website: wssm.edu.pl
address: 5/7 Brzozowa St., 93-101 Lodz
phone: +48 42 68414 74, +48 689 7210
e-mail: sekretariat@wssm.edu.pl

■ **University of Arts and Design in Lodz**

Non-public university educating in the field of architecture, design, photography and film, with a wide range of specializations.

website: wssip.edu.pl
address: 65 Targowa St., 90-324 Lodz
mobile phone: +48 570 010 654
e-mail: Dziekanat@wssip.edu.pl

■ **prof. Janusz Chechliński University of Finance and Information Technology**

Educates graduates in the field of economics. Provides thorough preparation for a profession in economics and finance.

website: wsfi.edu.pl
address: 18 Wróblewskiego St. 93-578 Lodz
phone: +48 42 639 9110
phone: +48 501016524
e-mail: Dziekanat@wsfi.pl
Recruitment: +4850 124 87 81





3

STUDENT APARTMENT

A big challenge for students in a new city is the issue of looking for an apartment. There are several options: university dormitories, private dormitories, council flats, rooms in flats or renting the entire apartment.

dormitories

University of Lodz dormitories

The University of Lodz has 10 dormitories (about 4,150 places in single, double and triple rooms) located in the "Lumumbowo" student housing estate.

Information on the dates, manner and place of submitting applications for a dormitory can be found on the website of the Student and Doctoral Student Service Center cos.uni.lodz.pl

e-mail: cos@uni.lodz.pl

II Dormitory of the University of Lodz "Balbina"

address: 16/18 Lumumby St.,
91-404 Lodz

Telephone:

+48 42 665 54 44 - manager

+48 42 665 54 45 - reception

III Dormitory of the University of Lodz "Pretor"

address: 1 Strajku Łódzkich Studentów
w 1981 r. St. 91-404 Lodz

Telephone:

+48 42 665 54 36 - manager

+48 42 665 54 37 - reception

V Dormitory of the University of Lodz

address: 5 Strajku Łódzkich Studentów
w 1981 r. St. 91-404 Lodz

Telephone:

+48 42 665 54 39 - manager

+48 42 665 54 38 - reception

VII Dormitory of the University of Lodz

address: 3 Strajku Łódzkich Studentów
w 1981 r. St. 91-404 Lodz

Telephone:

+48 42 665 51 90 - manager

+48 42 665 51 91 - reception

VIII Dormitory of the University of Lodz

address: 6 Strajku Łódzkich Studentów
w 1981 r. St., 91-404 Lodz

Telephone:

+48 42 665 51 93 - manager

+48 42 665 51 94 - reception

IX Dormitory of the University of Lodz "Hades"

address: 7 Strajku Łódzkich Studentów
w 1981 r. St., 91-404 Lodz

Telephone:

+48 42 665 54 70 - manager

+48 42 665 54 71 - reception

X Dormitory of the University of Lodz "Olimp"

address: 12 Lumumby St., 91-404 Lodz

telephone:

+48 42 665 54 41 - manager

+48 42 665 54 42 - reception

XI Dormitory of the University of Lodz

address: 11 Strajku Łódzkich Studentów
w 1981 r. St., 91-404 Lodz

Telephone:

+48 42 665 54 40 - manager

+48 42 665 51 99 - reception

XIII Dormitory of the University of Lodz "Alcatraz"

address: 13 Strajku Łódzkich Studentów
w 1981 r. St., 91-404 Lodz

Telephone:

+48 42 665 54 31 - manager

+48 42 665 54 32 - reception

XIV Dormitory of the University of Lodz "Tower of Babel"

address: 21/23 Matejki St., 90-231 Lodz

telephone:

+48 42 635 47 09 - manager

+48 42 635 47 25 - reception



■ Dormitories of the Lodz University of Technology

The Student Housing Estate of the Lodz University of Technology has 9 student dormitories with nearly 3,000 beds in single, double and triple rooms. Some rooms are adapted to the needs of people with disabilities.

Information on the Student Housing Estate and individual Student Dormitories can be found on the website of the Student Council samorzad.p.lodz.pl

E-mail: osiedle@samorzad.p.lodz.pl

I Student's House

address: 3b Politechniki Ave., 93-590 Lodz

Contact to the administration

phone: +48 42 631 21 91

reception phone: +48 42 631 21 81

II Student's House

address: 5 Politechniki Ave., 93-590 Lodz

Contact to the administration

phone: +48 42 631 21 82

reception phone: +48 42 631 21 82

III Student's House

address: 7 Politechniki Ave., 93-590 Lodz

Contact to the administration

phone: +48 42 631 21 93

reception phone: +48 42 631 21 83

IV Student's House

address: 9a Politechniki Ave., 93-590 Lodz

Contact to the administration

phone: +48 42 631 21 94

reception phone: +48 42 631 21 84

5th Student's House

address: 3 Lumumby St., 91-404 Lodz

Contact to the administration

phone: +48 42 678 17 16

reception phone: +48 42 678 70 28,

+48 42 678 95 66

VI Student's House

address: 11 Politechniki Ave., 93-590 Lodz

Contact to the administration

phone: +48 42 631 21 96

reception phone: +48 42 631 21 86

VII Student's House

address: 9 Politechniki Ave., 93-590 Lodz

Contact to the administration

phone: +48 42 631 21 97

reception phone: +48 42 631 21 87

VIII Student's House

address: 40/42 Radwańska St., 93-574 Lodz

Contact to the administration

phone: +48 42 631 21 98

reception phone: +48 42 631 21 88

IX Student's House

address: 277 Piotrkowska St.

(entry from 232 Wólczańska St.), 90-457 Lodz

Contact to the administration

phone: +48 42 631 24 86

reception phone: +48 42 631 21 89

■ Dormitories of the Medical University of Lodz

The Medical University of Lodz has four student dormitories located in the "Lumumbowo" student housing estate, and also near the Clinical and Teaching Centre of the Medical University of Lodz.

Information about the dormitories, submitting applications for a place and prices can be found on the Dormitories of the Medical University of Lodz site

akademiki.umed.pl

e-mail: marek.kotkowski@umed.lodz.pl

I Student's House "MEDYK"

address: 5 Lumumby St., 91-404 Lodz
Manager of the I Student's House
telephone: +48 785 911 598

II Student's House "SYNAPSA"

address: 2 Strajku Łódzkich Studentów
1981 r. St., 91-404 Lodz
Manager of the II Student's House
phone: +48 785 911 500,
+48 42 67 912 21

Hostel for the Medical University of Lodz

address: 251 Pomorska St., 92-213 Lodz
(entry from Czechosłowacka Street)
Entrance A, XIII floor
contact: hostel.umed.pl
email: hostel@umed.lodz.pl
booking phone: +48 42 272 53 98

III Student's House

It is under renovation, but its opening is
scheduled for October 2021.
address: 12/16 Mazowiecka St.

IV Student's House

address: 1 Hallera Square, 90-647 Lodz
Manager of the IV Student's House,
phone: +48 797 604 082

■ Dormitory of the Academy of Music in Lodz.

This student's house has a convenient connection with the academy and the city center. The ground floor of the dormitory is adapted to the needs of people with disabilities. The dormitory has a total of 156 places.

You can find information about the Dormitory on the website of the Academy amuz.lodz.pl in the tab "For student" + "Dormitory "

Dormitory of the Academy of Music in Lodz

address: 2a Żubardzka St. (next to Włókniarzy Ave.), 91-032 Lodz
telephone: +48 42 66 217 01

■ Dormitory of the Academy of Fine Arts in Lodz

The Student House of the Academy of Fine Arts in Lodz has 90 beds. Student rooms are located in 18 renovated flats, consisting of: a double room, a triple room, a kitchen and a bathroom.

Information on the Student Dormitory and the application for a place can be found on the recruitment page rekrutacja.asp.lodz.pl/ds

address: 42A Młynarska St., 91-838 Lodz,
e-mail: akademik@asp.lodz.pl

■ **Dormitory of the Lodz Film School**

The Lodz Film School dormitory is located in the very centre of the city, in close proximity to the university campus.

Information about the Student House can be found on the website of the Lodz Film School filmschool.lodz.pl in the tab "Studies" - » "Student Section"

Manager of the Dormitory
telephone: +48426366980
Telephone switchboard:
+48 42 6366 066, +48 42 6366 673
e-mail: ds@filmschool.lodz.pl

council flat for a talented student and graduate

On the recommendation of the rector of the university and employment in Lodz, students and graduates of universities in Lodz have the opportunity to rent an apartment in a building renovated under the "Mia100 Kamienic" programme.

The following are eligible to apply:

- last-year students of higher education institutions in Lodz and graduates of higher education institutions in Lodz, with a positive opinion issued by the rector of the university, or a person authorized by him, who on the date of submitting the application are under 30 years of age;
- students and graduates of Lodz universities who want to change the previously occupied apartment for the duration of the contract related to taking up employment, to another apartment, the rental of which is related to work;
- applicants live and work in the City of Lodz.

More information on the website of the Municipal Premises Management Board:
zlm.lodz.pl/student

private dormitories

Base Camp Students

The private dormitory is located right next to one of the faculties of the University of Lodz.

address: 45 Rewolucji 1905 r. St., 90-215 Lodz

e-mail: live@basecampstudent.com

website: basecampstudent.com/pl/lokalizacje/polska/lodz

Student Depot Lodz

In the private Student Depot Salsa dormitory, you can live in one of 267 single or double rooms. Each of them is fully furnished and has a bathroom and a kitchenette. Here you can find everything that is necessary to feel like in your own apartment and at the same time be close to students from all over the world. It is also inhabited by students who are in Lodz within the Erasmus programme.

address: 7B Wigury St., 90-301 Lodz

telephone: +48 422071520, +48 504 469 678

e-mail: salsa@studentdepot.pl

office hours: 9: 00-18: 00, Mon-Fri



renting an apartment

■ **OLX, Gumtree, Gratka, Otodom**

If you feel uncomfortable in a dormitory, you can always find an apartment. There are several websites on the Internet that can help you with this. The most popular are: OLX, Gumtree, Gratka, Otodom. You can live together with other students or alone.

■ **Types of contracts**

Remember that if you want to obtain a temporary residence permit for the purpose of studying, you need to have a place of residence.

A document confirming the possession of a guaranteed place of residence in Poland may be for example:

- confirmation of check-in;
- apartment lease agreements;
- other contract allowing for the use of the apartment.

Types of apartment lease agreements:

- ordinary lease;
- occasional lease (involves visiting a notary and signing a notarial deed of voluntary submission to execution);
- institutional lease.

Types of fees:

- compensation payment (payment to the landlord for checking in and setting a certain amount of rent for a certain period of time);
- rent to a cooperative (administration fee, fee for common parts of the building);
- bills;
- heating;
- deposit (max 6x the rent; money to cover losses due to the destruction of the apartment or as a result of any damage).

Ordinary lease:

A classic contract that regulates the rights and obligations of both parties, but does not include the tools for evicting the tenant in certain situations (e.g. arrears with payments, using the premises in a manner inconsistent with the contract or giving the apartment to third parties and using the premises or part thereof). In this case, eviction takes place in court. Entering into an agreement provides more rights, but most of all it gives the tenant a sense of security.

Occasional lease:

is a rental agreement that protects the landlord better than in the case of regular rental. When signing the contract, the person who will be renting the apartment must indicate the apartment to which he will move when the occasional lease contract expires or is terminated. The apartment can be rented for a maximum of 10 years. The landlord must be a natural person. The occasional lease agreement should be signed in the presence of a notary.

Institutional lease:

The period of the lease may be up to 30 years and does not require the indication of a replacement premises, but the tenant must submit a declaration of check-out and vacating the premises within 14 days. The institutional contract only requires the usual written form, but we have to go to a notary, because the tenant's declaration must be in the form of a notarial deed.





4

LEARNING THE POLISH LANGUAGE

If you have just come to Poland and you speak Polish poorly or you want to develop your language skills, or even pass the state exam for a Polish language certificate, then this chapter is written with people like you in mind.

The Polish language can be learned at universities, in private schools or at language courses.

■ **The School of Polish for Foreign Students of the University of Lodz**
sjpdc.uni.lodz.pl

Courses:

- preparation for the Polish language certificate examination;
- a preparatory course for studies in Poland;
- Polish language courses at different levels and with different intensity of classes.

Contact:

address: 21/23 Matejki St., 90-231
Lodz phone: +48 42 635 47 00 e-mail:
sjpdc@uni.lodz.pl

■ **Language Center of the Lodz University of Technology**
cj.p.lodz.pl/in-english/for-intl-
student/polish-courses

Erasmus students can participate in Polish language courses, in which they have at their disposal:

- intensive Polish language course;
- basic Polish A1;
- basic Polish A1 +;
- Polish culture and language;
- Polish A2.

Contact:

address: 12 Politechniki Ave., 90-924
Lodz phone: +48 42 631 2810 e-mail:
cj@adm.p.lodz.pl

■ **Polish language course "POLISH FOR STUDIES" - Social Academy of Sciences**
multi.san.edu.pl

A course for foreign Russian-speaking students. It prepares students for Polish language exams and is available to students from outside the Social Academy of Sciences.

Contact:

address: 109 Kilińskiego St.,
room L-15, 90-011 Lodz
telephone: +48 780 105 780
e-mail: multi@san.edu.pl

■ **Polish language courses for foreigners - University of Economics and Management in Lodz**
sweiz.pl/kursy-i-szkolenia

Offer:

- 8-week course;
- weekend course;
- a 3-week holiday course;
- a course with a medical profile;
- a course with an economic and linguistic profile.

Contact:

address: 86 Narutowicza St., 90-139
Lodz phone: +48 42 642 30 50
e-mail: rektorat@swseiz.pl

■ **Polish language courses for foreigners - Foreign Language Center MLC**
studium.com.pl/jezyki/polish-for-
foreigners

Contact:

address: 59/61 Kościuszki Ave., 90-
514 Lodz telephone: +48 42 633 34 36
e-mail: studium@studium.com.pl

- **Polish language course for foreigners in Lodz - Be Smart Language School**
besmartlodz.pl/kurs-jezyka-polskiego

Contact:
address: 15 Wapienna St. / 1st floor,
91-087 Lodz phone: +48 889 151 137
e-mail: Szkola@besmartlodz.pl

- **Polish language course - POLONUS school**
polonuslodz.com/pl/o-nas

Contact:
address: 12 Wolności Square, 91-415
Lodz telephone: +48 795 097 302
e-mail: biuro.polonus-lodz@home.pl

- **Polish language courses - Together School**
together-school.pl/pl/kursy_polskiego_w_lodzi

Contact:
address: 125 Wólczańska St.,
90-432 Lodz
e-mail: biuro@together-school.pl
phone: +48 730 954 779

- **Polish language courses for Russian speakers "GOWORI.PL"**

address: 65 Piotrkowska St. apartment
29, 90-422 Lodz
facebook.com/groups/Goworipl

Contact:
telephone: +48 663 995 285,
+48 663 994 980 e-mail:
polski@gowori.pl

Remember that almost all universities require a language proficiency **certificate when recruiting**.

For adults and adolescents aged 14-17, it is possible to check the level of language competence using the State Certificate Examination in Polish. All foreigners and Polish citizens permanently residing abroad can take the exam.

Detailed information on the certification of Polish as a foreign language can be found on the website certyfikatpolski.pl or on the website nawa.gov.pl/jezyk-polski/certyfikacja

Questions can be sent to the e-mail address: certyfikacja@nawa.gov.pl or by phone: + 48 22 390 35 37





5

SUPPORT FOR THE STUDENT

Colleges offer various types of help or support to international students. The forms of support depend on various factors that you will learn about in the next part of this guide.

Forms of aid granted by universities:

- social scholarship;
- scholarship for people with disabilities;
- welfare payment;
- chancellor's Scholarship.

■ **Social scholarship**

For students who are in a difficult financial situation. The decision on granting the scholarship is made by the rector in agreement with the student council.

■ **Scholarship for people with disabilities**

If the student has one of the following:

- a certificate of disability;
- a certificate of the degree of disability;
- a certificate of being classified as a disabled person;
- a certificate of a ZUS (Social Insurance Institution) certifying physician about total incapacity for work, or about the incapacity to live independently or about a partial incapacity for work, then you may apply for this scholarship.

■ **Welfare payment**

The aid may be granted to a student who is temporarily in a difficult life situation.

A difficult life situation justifying the granting of a one-off financial support in the form of a welfare payment should be understood as a set of conditions (e. g. material, family, social, health) in which the student's family found itself, causing temporary problems in meeting the family's material needs. The causes of a student's difficult life situation may be in particular illness, disability or death of a family member, damage caused by another random event (e. g. fire, natural disaster), loss of a regular source of income, etc.

■ **Chancellor's Scholarship**

The Chancellor's Scholarship may be awarded to students who have a high academic performance, scientific or artistic achievement, or sporting achievements, at least at national level.

More details about the Chancellor's scholarship can be obtained at your university.

other financial assistance:

- a scholarship financed by a local government unit;
- scholarship for academic or sports results financed by a natural or legal person other than a state or local government legal entity;
- minister's scholarship.

Scholarship financed by the local government unit

Scholarships in the "Youth in Lodz" programme

Information on the website: mlodziwlodzi.pl/inicjatywy or described in detail in the chapter "Youth in Lodz"

■ Scholarships of the Marshal of the Lodzkie Voivodeship

The recruitment announcement will be published in the Public Information Bulletin of the Lodzkie Voivodeship and on the website lodzkie.pl/education. Information on the call for proposals will also be sent to the rectors of all universities in Lodzkie Region.

In accordance with the Rules and Regulations for awarding one-off scientific scholarships of the Marshal of Lodzkie Voivodeship, adopted by Resolution No. XII/210/19 of the Lodzkie Voivodeship of 29 October 2019.

One-off scientific scholarship in the "student" category may be awarded to students studying at first or second degree studies or uniform master's degree studies at a public or non-public higher education institution in Lodzkie Voivodeship, regardless of their place of residence (therefore, foreigners studying at a higher education institution in Lodzkie Voivodeship may also apply for the scholarship).

A one-off scientific scholarship in the "student" category may be applied for by students of faculties assigned to specific scientific disciplines. The scientific disciplines which the competition will concern in the given year will be announced by the Board of the Lodzkie Voivodeship in the call for proposals notice.

Rectors or vice-rectors of universities are entitled to apply for a one-off scholarship from the Marshal of Lodzkie Voivodeship in the "student" category.

Each university can submit up to twelve scholarship applications.

Detailed information about the scholarships is available at lodzkie.pl/edukacja/konkursy/stypendia/content/560-stypendia-naukowe, where the call for proposals will include the Rules and Regulations, a template of the scholarship application and contact details will be provided.

■ Scholarship for academic or sports results financed by a natural or legal person other than a state or local government legal entity

A scholarship for academic performance may be awarded to a student by a natural or legal person other than a state or local government legal entity.

These entities may also award a scholarship for sports performance. Such scholarships may be awarded by non-governmental organizations, individuals (e.g. patronage) and private entities (e.g. companies). Information on procedures can be found on the websites of the granting entities.

■ Minister's scholarship

This scholarship may be applied for by a student who is distinguished by significant scientific or artistic achievements related to studies or sports achievements. Applications for a scholarship for students are submitted by university rectors. The minister's scholarship is available for first degree, second degree studies and uniform Master's degree studies, but it is not available to a student if 6 years have passed since he or she began studies or if he or she already has a professional title.

Significant achievements of a student are, for example, authorship or co-authorship of a scientific monograph or a chapter in a scientific monograph, significant participation in a research project with a high level of innovation, carried out by the university, significant participation in the creation of an audiovisual work.

Remember! Material aid from the State budget, i.e. a social scholarship and a student loan may be applied for by foreign students who:

- have a permanent residence permit or are long-term EU residents;
- have a temporary residence permit in connection with the circumstances referred to in art. 159 sec. 1 or art. 186 sec. 1 point 3 or 4 of the Act on Foreigners;
- have the refugee status granted in the Republic of Poland or enjoy temporary protection or subsidiary protection on the territory of the Republic of Poland;
- have a certificate confirming the knowledge of Polish as a foreign language at least at the language proficiency level C1;
- have a Pole's Card or a decision confirming Polish origin;
- are married to, ascendant or descendant of a Polish citizen living on the territory of the Republic of Poland.

In addition to scholarships, universities organize various programs to support students.



University of Lodz

■ Mentoring project

absolwent.uni.lodz.pl/program-absolwent-vip/mentoring

In order to involve the most talented students in the career development process, graduates play the role of mentors and experts. They share their knowledge and experience, indicate trends and directions and support students. As a result of the cooperation, students receive not only knowledge but also skills.

■ Graduate card

absolwent.uni.lodz.pl/karta-absolwenta

The card includes discounts for services and products of partners and the offer of the University of Lodz concerning post-graduate studies, access to the resources of the University of Lodz Library or the Centre of Physical Education and Sport.

■ Student research grants

uni.lodz.pl/strona/szczegoly/studenckie-granty

The University of Lodz supports its students in the implementation of unique research projects.

■ Discounts on culture.

kultura.uni.lodz.pl

The university offers students and employees discount coupons for cultural events.

■ **Academic Support Centre**

bonipu.uni.lodz.pl

The Academic Support Centre strives to provide equal educational opportunities. In addition, it supports and provides help in academic matters and activities in the academic community, and also provides psychological support.



Technical University of Lodz

■ **Innovation Incubator**

The university promotes scientific achievements, strengthens cooperation between science and the economic environment.

■ **Interdisciplinary School of Innovation**

The Interdisciplinary School of Innovation (ISI) deals with the popularization of achievements, establishing cooperation between science and economy.

It is organizational and training oriented.

■ **Centre for Cooperation with Economy, Innovation and Technology Transfer**

The centre provides consultancy related to the protection of intellectual property and professional questions. It also deals with the knowledge commercialization system and academic entrepreneurship.

■ **Project Service Centre**

The Centre offers advice on projects, monitoring them, implementation, information about programs and opportunities at various levels, evaluation of documentation and project possibilities.



Academy of Music

■ **Master classes**

Year-round and summer courses that will allow you to broaden your skills and knowledge under the guidance of teachers.



Medical University

■ **Office of Science, Strategy and Development**

It deals with project matters, investment issues and international cooperation.

■ **Centre for Innovation and Technology Transfer**

The Centre deals with intellectual property protection, sale of rights, licensing, and spin-off and spin-out companies.



Lodz Film School

■ Grants

The Off-Budget Section deals with raising funds for cultural, educational or research projects. It supports scientists and employees in obtaining funding for project activities.

■ Interdisciplinary Research Centre

Created to implement research, scientific and teaching initiatives. Initiates and runs projects for meetings and exchanges.

■ Visual Narratives Laboratory

The programme aims to support and produce experimental artistic works using the latest technological achievements, such as Virtual Reality, Augmented Reality or the well-known, but not fully used stereoscopy. The laboratory is primarily intended to research new phenomena in the visual arts, but at the same time to be a catalyst for artists. The development of VR, AR or stereoscopic cinematography has one goal: to immerse the viewer completely in the work and to make him or her not only a passive observer but also a participant of the events..

■ Distribution and Licenses

It grants licenses for public screenings, publishing houses, TV broadcasts and the use of film stills and fragments.



Youth in Lodz Program

■ mlodziwlodzi.pl

The Youth in Lodz Program was created to encourage young people to bind their future with Lodz, support the career development of Lodz students and provide local entrepreneurs and potential investors with highly qualified staff. The program is implemented by the Economic Development and International Cooperation Office of the City of Lodz Office, which, in cooperation with the largest universities in Lodz and leading employers, implements the initiatives described below.

■ Employer Scholarships

The best students of the faculties (of Lodz universities) selected by the employers may apply for one of the scholarships funded by Lodz companies - Partners of the Youth in Lodz program. Students can also apply for the reimbursement of accommodation costs in a dormitory or participation in free language or IT courses. To receive a scholarship, it is enough to be a student of one of the faculties selected by employers, have an average grade over the last two semesters above 4.0 (or sometimes even less), meet other requirements specified by the Founder in the regulations, and complete an electronic scholarship application during the enrollment period.

■ Internships and apprenticeships

praktyki.lodz.pl

The internship and apprenticeship program (including summer internships) is intended for students or graduates of Lodz universities who want to gain professional experience in the best companies in Lodz. The use of the service is completely free. The website allows students and graduates to set up their profile with basic personal data and information about the university, faculty and year of study, skills, and professional experience. Thanks to the website, you can quickly apply for selected offers, search for internships and apprenticeships in the industry you are interested in, and browse employers' profiles. If, during registration, we select the notification option of current apprenticeship and internship offers, we will receive information of interest to the e-mail address provided.

■ Training for free

mlodziwlodzi.pl/szkolenia

On the website you can find training offers organized by the program partners - organizations and companies. Thanks to free training, you can expand your knowledge and develop skills such as communication, self-presentation, project management, teamwork and many others, which are valued on the labour market. So far, over 600 trainings have been organized and almost 8,500 people have benefited from them. The trainings are open to students of Lodz universities and graduates up to 12 months after graduation.

■ Startup competition

startup.lodz.pl

The idea of the Competition is to connect people with innovative projects (at an early stage of development), both scientific, technological and creative/ artistic with potential contractors and investors. The competition is a space for networking between young and mature business and a chance to gain capital to start or develop a company. During the competition, participants will have direct access to more experienced entrepreneurs, whose successes guarantee skills, knowledge and a wealth of social relations (mentoring). You can gain practical knowledge of how to translate an innovative idea into business language (workshops). Participants will get to know new entrepreneurs and meet experienced managers (networking). They have the opportunity to talk with an investor (vc speed dating), they can count on support in promoting the project on a national and international scale.

In this year's edition of the competition, the pool of financial, material and service prizes exceeds PLN 200,000.

The eleven editions of the competition to date include over 1,500 applications, 700 projects supported and over 250 companies operating as a result of participating in the competition.

■ Visits to companies

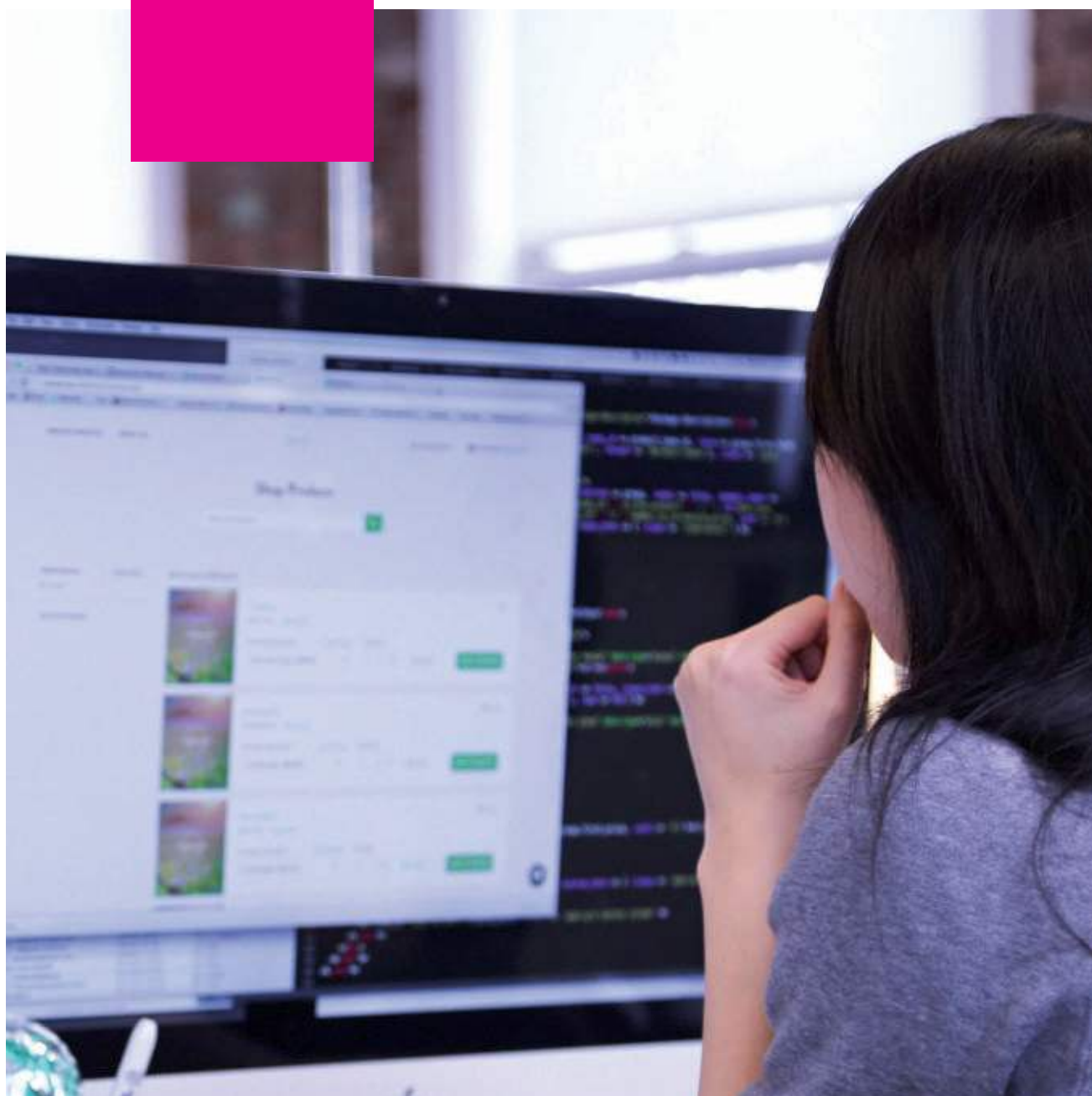
As part of the Youth in Lodz program, a series of visits to Lodz Employers is carried out under the slogan "Meet Lodz Employers!". Students have the opportunity to visit the company/ plant and obtain information on, among others, employment opportunities or the recruitment process. Over 1,900 students took advantage of this initiative.

■ The Youth in Lodz discount card

mlodziwlodzi.pl/kartarabatowa

The card is intended for students of Lodz universities and students of the final year of high school of Lodz schools, covered by the City of Talents program. The card entitles its holder to obtain discounts on products and services offered by partners. As part of the discount card, 116 partners propose their offer: theatres, language schools, dance schools, auto schools, fitness clubs, entertainment centres and restaurants. The card is issued free of charge. To obtain a discount card, students should register on the website and confirm their identity when collecting the card with a student ID.

From 2020, the card will be available for download in the mobile application.





6

POST-SECONDARY SCHOOLS

Post-secondary schools - this is a type of schools in the Polish educational system, intended for high school graduates. Secondary education is required to be admitted to post-secondary school, but you do not have to pass school-leaving examination (matura exam).

There are public and non-public post-secondary schools, education usually lasts two years, or four semesters.

stay on the basis of post-secondary school

If you decide to study in a post-secondary school, you can count on a permit or temporary residence permit. But note that the period of stay is up to 1 year. A temporary residence permit is issued to a foreigner who proves that there are circumstances other than those specified in the Act on Foreigners that justify his stay in Poland for a period longer than 3 months.

Necessary documents:

- application;
 - four photos (35 mm x 45 mm, undamaged, in colour, with good sharpness, taken not earlier than 6 months before the date of submission of the application);
 - a photocopy of a valid travel document (original available for inspection).
- Documents confirming the circumstances indicated in the application:
- documents confirming the existence of circumstances other than in other regulations, justifying the foreigner's stay in Poland for a period exceeding 3 months (certificate from the school);
 - documents confirming the possession of health insurance;
 - documents proving you have a source of stable and regular income sufficient to cover your own and dependent family members' living expenses or your balance;
 - a document confirming the possession of a guaranteed place of residence.

Place of submitting the application:

Documents should be submitted to the Department of Citizens' Affairs and Foreigners, located in Lodz at 103 Piotrkowska St., at window No. 5-8 (ground floor) after booking the visit via the website rezerwacje.lodzkie.eu, in the following hours: Mon, Thu, Fri: 8.30-14.30, Tue: 10.00-17.00

In the case of submitting documents at the registration office of the Foreigners' Department, an employee sets the date of the visit in order to make up formal deficiencies of the application and submit fingerprints.

In the case of sending the application via the Polish post office, the deadline for supplementing the formal deficiencies of the application, including the submission of fingerprints, is indicated on the summons sent by post to the foreigner.

Fees:

Stamp duty PLN 340 payment to the account:

City of Lodz Office

Getin Noble Bank S.A. in Katowice, II Branch Lodz

081560 0013 2025 03 055 133 0016

Fee for issuing a residence card PLN 50
payment to the account:
Lodz Voivodship Office in Lodz NBP Regional Branch LODZ
88101013710097 00223100 0000

Time of settling the matter:

Due to the obligation to apply for information to the commander of the Border Guard Branch, Regional Police Commander, Head of the Internal Security Agency and, if necessary, also a consul or other authorities, whether the entry of a foreigner into the territory of the Republic of Poland and his or her stay in this territory may constitute a threat to defence or state security or protection of public safety and order, who are obliged to provide the above-mentioned information within 30 days of receiving the request, the decision on granting the permit will be issued only after 1 month from the date of initiation of the procedure.

**List of
post-secondary
schools**



If you want to gain practical knowledge in a short time, you can continue your studies in post-secondary school. Post-secondary education lasts a year or two, depending on the field of study

Science and Business Centre "ŻAK"

lodz.zak.edu.pl

Contact:

address: 278 Piotrkowska St. 90-001 Lodz

phone: +48 42 683 4412,

+48 42 683 4413

Academy of Leaders Post-Secondary School

**for Trainers, Managers and
Therapeutic Psychology**

akademialiderow.pl

address: 6/3 Odyńca 93-150 Lodz

Contact:

telephone: +48 42 682 07 49

Academy of Medical Technicians
and Human Resources Education

psf.edu.pl

address: 26 Żubardzka St., 91-022 Lodz

Contact:

telephone: +48 42 659 50 65,

38 +48 607 146 801

**Academy of Medical Technicians
and Human Resources Education**

psf.edu.pl

address: 26 Żubardzka St., 91-022

Lodz

Contact:

telephone: +48 42 659 50 65,

+48 607 146 801

e-mail: psf.sekretariat@interia.pl

sekretariat@psf.edu.pl

Advantage

atutszkola.pl

Contact:

telephone: +48 801 00 23 23

e-mail: atut@atutszkola.pl

SKK

skk.pl/szkoly/szkoly-policealne/lodz
address: 65 Rewolucji 1905 r. St. ,
90-222 Lodz
Contact:
e-mail: lodz@skk.pl
phone: +48 791 499 600;
+48 601 330155

School of Innovative Education

sei.edu.pl
address: 52 Rewolucji 1905 r. St.
90-213 Lodz
Contact:
telephone: +48 42 6315 920

**Post-secondary School of Economics
Administration and Law**

Piontek.edu.pl
address: 14 Czajkowskiego St.,
92-511 Lodz
Contact:
e-mail: Szkola@piontek.edu.pl
phone: +48 42 672 74 90

Cosinus

cosinus.pl/lodz
address: 49/51 Kościuszki Ave.,
90-514 Lodz
Contact:
e-mail: lodz@cosinus.pl
pytania@cosinus.pl
telephone: +48 42 632 52 20,
+48 798 4010 50

Post-secondary medical school

szkolamedyczna.edu.pl
address: 53/55 Wileńska St.,
94-011 Lodz
Contact:
phone: +48 42 674 69 88
e-mail: Szkola@szkolamedyczna.edu.pl

**Centre for Education and
Personal Development CEIRO**

ceiro.com.pl
address: 135 Piłsudskiego Ave.,
92-318 Lodz
Contact:
telephone: +48 695 740 658,
+48 668 444 502
e-mail: ceiro@ceiro.com.pl

Health Academy

akademia-zdrowia.pl/lodz/
address: 21 Jana Kilińskiego St.
90-205 Lodz
Contact:
telephone: +48 42 255 77 00,
+48 42 255 77 01
telephone: +48 42 255 77
e-mail: lodz@akademia-zdrowia.pl

Cosmetic School

szkolakosmetyczna.com.pl
address: 53/55 Wileńska St.
94-011 Lodz
Contact:
phone: +48 42 674 69 88
e-mail:
rekrutacja@szkolakosmetyczna.com.pl
Szkola@szkolakosmetyczna.com.pl

Local Government Post-Secondary School

cku-lodz.edu.pl
address: 70/72 Wielkopolska St. ,91-029 Lodz
Contact:
phone: +48 42 651 69 93
e-mail: sekretariat@cku-lodz.edu.pl

**Social Extramural Post-secondary Optical
School**

szs.spoleczna.pl
address: 5/11 Kopcińskiego St., 90-242 Lodz
Contact:
telephone: +48 42 678 56 75;
+48 505 082 407
e-mail: Szkolaoptyczna@spoleczna.pl
Post-secondary school for adults cez.lodz.pl
address: 115 Żeromskiego St.,
90-737 Lodz
Contact:
telephone:
+48 42 68 49 195
+48 510 160 102
e-mail: sekretariat.cku@cez.lodz.pl



7

INTERNSHIPS, PRACTICES AND WORK

Education is very important, especially for a person who wants to get a decent, well-paid job. However, employers often wait for a person not only with knowledge but also skills, which is why apprenticeships and internships are an excellent opportunity to acquire the necessary experience.

internships, practices

The internship and practices offers can be found on the website praktyki.lodz.pl. The program is addressed to students and graduates of universities in Lodz and employers from Lodz and the surrounding area who are looking for the best interns and trainees. The website gives you the opportunity to find a company where you will be able to do an internship or a practice. You will also find tips on how to write a CV and cover letter.

Contact:

e-mail: praktyki@praktyki.lodz.pl

phone: +48 42 638 59 39, +48 42 638 55 48

student exchange programs

■ erasmus

erasmus.org.pl

Erasmus supports cooperation between universities, enables foreign trips, promotes employee mobility and creates opportunities to participate in various programs.

■ most

most.amu.edu.pl

MOST is a student and doctoral student mobility program that allows you to study at another Polish university for a semester or even throughout the year.

■ ceepus

ceepus.info

CEEPUS - Central European University Exchange Program, aims to support academic exchange. The program enables the improvement of professional skills of students and academic teachers, as well as develops contacts between the parties to the Agreement.

Note:

A full-time student does not need a work permit. A stay on the basis of your studies entitles you to start a one-person business (company)!

work

Performing work in accordance with the law is very important both from the point of view of the foreigner and the entity entrusting him/her with work. A foreigner performing work in breach of the law exposes himself/herself to a fine of not less than PLN 1,000 and a decision to oblige him/her to return to their country of origin.

Note! A full-time student does not need a work permit.

You can find more about work in the "Guide for Foreigners. Stay in Lodz. Volume 3" on page 14.

A stay on the basis of your studies entitles you to start a one-person business (company)!

This topic is described in detail in the "Guide for Foreigners. Stay in Lodz. Volume 3" on page 32.



8

TEMPORARY STAY ON THE BASIS OF STUDIES

A temporary residence permit is granted when the purpose of the foreigner's stay on the territory of the Republic of Poland is education at first degree, second degree studies or uniform Master's degree studies. The above-mentioned permit is also granted to a foreigner who intends to take a preparatory course to study at these studies in Polish.

The above-mentioned permit is granted if the circumstances which constitute the basis for applying for this permit justify the foreigner's stay on the territory of the Republic of Poland for a period longer than 3 months.

How to submit an application:

- you can submit the application by making an appointment at www.rezerwacje.lodzkie.eu
- if the limit of places in the electronic reservation system runs out, you can submit the application in person at the office of Department of Citizens' Affairs and Foreigners 103 Piotrkowska St., 2nd floor, room 26 on Monday, Thursday, Friday from 8:30 to 14:30 and on Tuesdays from 10:00 to 7:00 you can also send the application by post to the following address: Lodz Voivodeship Office in Lodz Department of Citizens' Affairs and Foreigners 103 Piotrkowska St., 90-425 Lodz
- Note: The application must be submitted on the last day of legal stay in Poland at the latest.

Necessary documents:

an application filled in as instructed and one photocopy of the completed application; four photos (taken not earlier than 6 months before the date of submitting the application, undamaged, in colour, with good sharpness, dimensions 35 mm x45 mm); a photocopy of a valid travel document (original available for inspection); confirmation of payment of stamp duty.

Additional documents confirming the circumstances indicated in the application:

- certificate of the unit conducting the studies on admission to studies or on continuation of studies;
- proof of payment for studies if you undertake or continue studies for a fee or confirmation of exemption from tuition fees;
- medical insurance;
- documents confirming sufficient financial resources to cover the costs of living and return travel to the country of origin or residence, or the costs of transit to a third country.

The minimum amount of financial resources you need to have to cover the cost of living is:

- PLN 701 for each month of stay for a single person;
- PLN 528 per person for a foreigner living in a joint household.
- Showing the costs of living in the territory of the Republic of Poland on the form attached to the application.

Deadline for settling the matter:

If you provide the application with all the necessary documents justifying your application for a temporary residence permit for the purpose of studying, the decision is issued within 60 days from the date of their delivery.

Receiving a residence card:

If you have already obtained a positive decision for a temporary stay, in order to receive a residence card, you must present a confirmation of payment for the residence card. Remember that you can pick up the residence card only in person:

- Department of Citizens' Affairs and Foreigners
Lodz, 13 Piotrkowska St., ground floor, window No. 4
Monday, Wednesday, Thursday and Friday 8:30 am - 2:30 pm Tuesday 10:00 am - 5:00 pm

Fees:

Stamp duty PLN 340

payment to the account:

City of Lodz Office

Getin Noble Bank S.A. in Katowice, II Branch Lodz

081560 0013 2025 0305 5133 0016

Fee for issuing a residence card PLN 25

payment to the account:

Lodz Voivodship Office in Lodz

NBP Regional Branch LODZ

88101013710097 00223100 0000

You can pick up the residence card only in person when presenting the payment confirmation!



9

STUDENT AND DOCTORAL STUDENT INSURANCE

Students and doctoral students with a valid **Pole's Card**, as well as people with a document confirming Polish origin within the meaning of the provisions on repatriation, may benefit from medical care on the same terms as Polish students and doctoral students - if you are a student or doctoral student and you have Polish origin, you must apply for insurance, but your university will pay the premiums for you.

Foreign students from outside the EU take out insurance in Poland by concluding a voluntary health insurance contract with the appropriate branch of the National Health Fund and finance themselves the payment of the monthly health insurance premium.

From the contribution for November 2018 for foreigners who are students from outside the EU and foreigners who are clergy from outside the EU, or people from outside the EU who are undergoing an adaptation internship, or a Polish language course, or preparatory courses to study in Polish, the basis of assessment of the premium is PLN 620, and the premium is PLN 55.80 per month.

For volunteers, the basis for the contribution is PLN 2,250 (minimum salary), and the contribution rate is PLN 202.50 per month.

From January 1st 2018, the contribution for voluntary health insurance is paid to the ZUS (Social Insurance Institution) account, after obtaining an individual account number.



10

COMMUNICATION

To facilitate movement around the city, Łódź offers a wide range of communication possibilities. You can travel around the city by buses, trams or scooters.



city transport

There are day lines - tram and bus lines and night bus lines. It is worth noting that the public transport timetable varies on weekdays and weekends, and tickets are for a fixed time. The timetable can be found at: mpk.lodz.pl/rozkłady/linie.jsp or jakdojade.pl/lodz/rozklad-jazdy.



city scooters

Lodz also offers the possibility of renting scooters in order to quickly move around the city. The inhabitants of Lodz as well as tourists have two systems at their disposal - Blinkee.city and Hop.city.

Blinkee.city: blinkee.city/pl a minute on a scooter costs PLN 0.69, but for students the price is lower and amounts to PLN 0.59.

Hop.city: hop.city/lodz a minute costs PLN 0.49, but it is possible to rent a monthly subscription for PLN 89 per month. With the city monthly subscription, the price is PLN 59.



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CULTURE

A rich and up-to-date source of information on cultural events in Lodz is the website of the City Hall, available in Polish, English and Ukrainian: uml.lodz.pl/czas-wolny

A calendar of events, in which you can check what concerts, exhibitions, cultural meetings will take place on a specific day, may be useful: uml.lodz.pl/kalendarz-wydarzen/

Discounts and free entry to Lodz museums and theaters:
uml.lodz.pl/kultura/instytucje-kulturyznizki-i-bezplatne-wejscia



lodzpl



miasto_lodz



kochamLodz



ratusz.pl/1061011/lodz/urzed-gminy



non-working days

- January 1st - New Year's Day
- January 6th - Epiphany Day
- First day of Easter (movable holiday)
- The second day of Easter (i.e. Easter Monday, a movable holiday)
- May 1st - Workers' Day (Labour Day) Święto Państwowe
- May 3rd - 3rd of May National Holiday (3rd of May Constitution Day)
- The first day of Pentecost (movable holiday, but always on Sunday)
- Corpus Christi Day (movable holiday, falls on Thursday)
- August 15th - Assumption of the Blessed Virgin Mary
- November 1st - All Saints
- November 11th - National Independence Day
- December 25th - First day of Christmas
- December 26th - The second day of Christmas

culture for foreigners

Lodz is described as a city of four cultures. In the nineteenth century, there was a huge development of Lodz related to the textile industry. New residents were coming to Lodz looking for work. In 1815, less than 1,000 people lived in Lodz, in 1915 it was as many as 600,000 inhabitants (600 times more!). Not only Poles came to Lodz, but also immigrants from various parts of Europe. The new inhabitants brought various religions and customs with them. In addition to Poles, a large part of the population were Jews who came to Lodz not only from other Polish cities, but also from abroad. Qualified professionals, mainly from Germany, were brought to Lodz. Russians also appeared among the inhabitants.

Currently, nearly 1/5 of the inhabitants of Lodz are foreigners, mostly from behind the eastern border. The city undertakes various actions to help them integrate and get to know Lodz.

festivals and multicultural events

■ Festival of 4 Cultures

The Lodz of Four Cultures Festival has been organized since 2010. It is addressed to a very wide audience of all ages. The name of the festival refers to four cultures that have influenced the history of Lodz: German, Jewish, Polish and Russian. The idea was born out of the historical dialogue of cultures that had been going on in Lodz for many decades.

4kultura.pl

■ International Festival of Youth Creativity "Folk Inspirations"

organizer: Foundation for Promotion and Support of Creativity Convivo date: July
folkoweinspiracje.pl

■ International Folklore Workshops

organizer: Widzew Cultural Centre, Youth Culture Centre

date: 30.06-10.07.

wdk.pl/index.php/glowne-imprezy/miedzynarodowe-warsztaty-folklorystyczne

other festivals and the most interesting cultural events in Lodz

■ Festival of Lodz

Several hundred thousand people celebrate the birthday of Lodz. Lodz residents and guests from all over Poland have fun at numerous concerts on Piotrkowska Street. During previous editions, numerous trips, festivals, shows and celebrations in Aquapark were popular. Lodz also does not forget about its new residents. In 2019, several thousand Ukrainians had fun at the Kozak System concert.

The next Festival of Lodz (Birthday of Lodz) will take place from 24 to 26 of July 2020.

■ Festival of Light in Lodz

Since 2011, Light.Move.Festival. has been changing the image of the Lodz downtown for three October evenings. Streets, squares and parks wake up illuminated by a riot of colours, come to life with a dynamic play of lights, and above all - they charm the viewer with a glow hidden during the day. During the 2019 event, Lodz was visited by as many as 550,000 people, enchanted with modern art and unusual installations in the spaces of a modern city.

■ Transatlantyk Festival

Outstanding world cinema and music. Legendary and young artists, representatives of all film and music professions, hundreds of screenings, as well as numerous music events.

transatlantyk.org

■ **Fotofestival**

It is a festival of photography in Lodz, which gathers 20 000 people every year. The 19th International Festival of Photography in Lodz will be held from 4-21 June 2020 fotofestiwal.com/2019

■ **Lodz Design Festival**

The Design Festival is the most important international event in Central and Eastern Europe dedicated to the art of design. It presents design in its various forms - from industrial design, through art and craft design, to graphic design, architecture and fashion. It also supports novice designers, giving the best of them a chance to win a prize of PLN 20,000.

lodzdesign.com

■ **Soundedit**

The International Music Producers Festival is a place of annual meetings of the most outstanding music producers and sound engineers.

■ **Lodz Disco Fest**

Top dance music stars. Polish and foreign artists on one stage.

lodzdiscofest.pl

■ **Festival of Comics and Games**

The largest event of this type in Central and Eastern Europe. It is an opportunity to meet the most famous comic book creators. It is also a time for shopping at exhibition stands, participation in workshops, game tournaments and visiting exhibitions. The 30th edition of the festival, organized in 2019 in the Expo-Lodz hall in Lodz, was visited by over 20 thousand people.

komiksfestiwal.com

■ **Cinergia Festival**

The European Cinema Forum is the only festival in Poland devoted exclusively to European filmmaking. The program includes a review of new European cinema, meetings with filmmakers and actors, and competitions for the best Polish and European debut, as well as the Kamer-TON: Polish film song competition.



art and design

Lodz City of Arts. City Energy Festival.

International Small Graphic Forms Triennial, Poland - Lodz.

Lodz Young Fashion



music and dance

International Festival and Competition of Musical Individualities "Tansman Festival"

Summer Jazz Academy - Polish and World Jazz Legends

Festival Geyer Music Factory

Lodz Choir Festival "Cantio Lodziensis"

International Lodz Tango Salon Festival

Adi Jazz Festival

Festival of Dance Collisions

Lodz Ballet Meetings

Regional Music Festival for Children and Youth "Staff of Dreams"

Lodz Dance Confrontations



film

European Cinema Forum - Orlen Cinergia

Media Festival "Man in Danger"

Puchalski's Nature Film Festival

Summer Film Festival "Polówka"

Festival of Film Art Critics "Camera Action"



theatre

International Festival of Pleasant and Unpleasant Arts

Festival of Theatre Schools

Summer Scene

International Festival Theatrical Carousel

Touch the Theatre

National Festival of One Actor Theatres MonoFest

International Theatre Festival Retroperspektywy

Off North Festival

Sewing room.DOK

Sewing room of culture

The Henryk Ryl Festival of Preschool Theatres
Theatre of the Youth Festival / National Review of Children's and Youth Theatres
"Dziatwa"
National Confrontations of Youth Theatres "More than Theatre"
AnimArt International Festival of Animation Art



literature

Story Festival - Stories
Pulse of Literature Festival in Lodz



interdisciplinary

The Lodz of Four Cultures Festival
The International Festival of Comics and Games in Lodz
Freedom Games
Lodz as the City of Women
"My art - my life". Review of the artistic work of people with disabilities
Provincial Festival of Abstainers' Creativity "Hope - lead"
Cruise on Bergamuty - children's film song festival
Twardojańskie Days - the Lodz Festival of Father Jan Twardowski's work

cultural institutions

There are 20 museums in Lodz, including the Central Museum of Textiles, known on a European scale, the only Museum of Cinematography in Poland, Museum of Animation, Museum of Book Art and Museum of Art with the largest collections of contemporary art.

Viewers are invited to nearly 20 theatre stages, there are numerous galleries, cinemas, cultural centres and the second largest network of municipal libraries in the country.

All current information about cultural institutions can be found on the website of the City of Lodz Office:

uml.lodz.pl/kultura/instytucje-kultury/muzea
uml.lodz.pl/kultura/instytucje-kultury/teatry
uml.lodz.pl/kultura/instytucje-kultury/galerie
uml.lodz.pl/kultura/instytucje-kultury/kina
uml.lodz.pl/kultura/instytucje-kultury/domy-kultury

library

The library is not only shelves with books. In addition to collecting, compiling and making available the book collection, magazines and multimedia (audiobooks), the institution is involved in many other projects:

- Meetings with authors, literary events, exhibitions and concerts.
- Providing readers with space for events prepared by them. The reader can set up a discussion club or carry out an initiative bringing together people with similar interests - the library is an ideal place for such ventures.
- Preparation of classes and workshops for organized groups, including pre-schoolers and schoolchildren; there is also an offer addressed specifically to seniors.

In selected branches, readers can use computer stations equipped with a printer and a scanner. IT courses are also organized.

Gradually, broadband Internet will be made available at each branch.

In addition to books and audiobooks, you can borrow e-books - from the EBSCO database, designed especially for readers of public libraries.

How to join the library?

To join the library you need a valid identity document (ID card, school ID, passport, permanent residence card).

Then you should read the regulations, fill in the registration form and sign the commitment. An adult shall certify for a minor.

The registration form can be filled in at the library's branch or brought with you.

In the library you get a library card and you can take full advantage of the offer.
biblioteka.lodz.pl



- Obcokrajowcy w Łodzi / Foreigners in Lodz
- PyCCKOF13bIHbHbie B fIOfl3M - BCe O JKM3HI/ pyccKOfl3bNHbix B J1OA3M / Russian speakers in Lodz - all about the life of Russian speakers in Lodz
- Ukrainians in Lodz)))
- nasha.lodz



Airly - shows the condition of the air. You can check if it is ok to go for a walk or is it better to stay at home? Before renting or buying an apartment, you can compare the air condition in selected locations

Olx.pl - you can buy / sell used clothes locally. You will find job offers here. You can also rent / buy / sell an apartment.

jakdojade.pl - A comprehensive tool for planning trips by public transport.

footsteps.city - a free application that is a mobile city guide for tourists and residents of Lodz. The routes available in it are selected according to the interests and personality traits of the user - different for a hipster and another for an art lover. You can, among others, get to know the fairy-tale, avant-garde, film and industrial Lodz.

Pill in trip - thanks to this application you will find the name of your drugs in the country you are in.

WatchLine Lodz - Where is the tram or bus you are waiting for? Is it a low-floor and air-conditioned one? Check it on your smartphone.

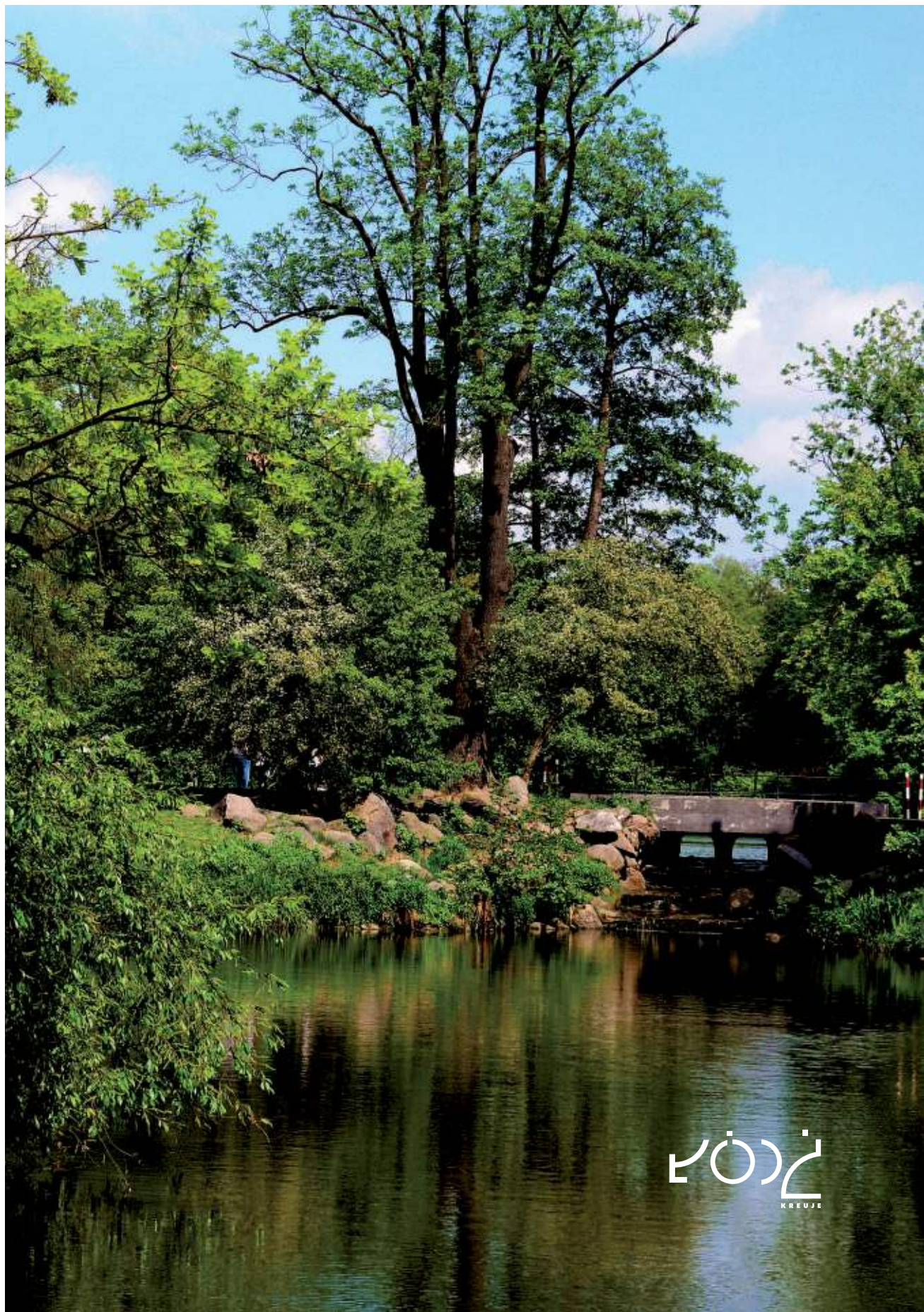


Free internet

Where can you find free internet?

ŁódźWiFi is a network of 23 free hot-spots available in Lodz's urban space. They can be easily found thanks to legible information plates or with the help of the map visible on this page:

- wifi.uml.lodz.pl/#ok
- in large shopping centres
- in Fast food restaurants
- at the railway stations: Lodz Chojny, Lodz Kaliska, Lodz Widzew, PKP S.A. enables the use of free wireless WiFi access to the Internet.



POZ
KREUJE

